



NEWBOLD SCHOOL PSHE Policy

Reviewed September, 2017 by Mrs J Crissey (Headteacher) and Mrs Milanovic (PSHE Manager)

Ratified December 2017 by Newbold School Board of Governors

Personal, Social, Health Education and Citizenship is at the centre of everything we do at Newbold School. We study these subjects in the classroom as part of the curriculum programme; through everyday school life; in class and whole school assemblies; through cross-curricular opportunities and in ways we care for and nurture one another in the wider school community. Most of our PSHE areas run alongside our Christian teachings and are often inseparable - e.g. love and respect for our fellow man and the world around us are key to the way in which we perceive and treat others and what expectations we set for our own standard of behaviour. These are the areas that we concentrate on to ensure a happy and full life. We believe children should:

- Enjoy and Achieve academically, socially and artistically
- Be Healthy
- Stay safe
- Have positive and happy relationships
- Enjoy emotional health
- Make a Positive Contribution to school, community and wider world life by word and deed.

The school includes the learning of important values, such as fairness, justice, equality, rights, self awareness, managing feelings, motivation, empathy, social skills, responsibilities, cooperation, respect, trustworthiness, democracy and negotiation.

We particularly want to develop:

- Self-esteem
- Self-awareness
- Positive attitudes
- An understanding of relationships and social skills
- A positive school ethos
- A preparation for adult life
- Opportunities for learning and achievement

We aim to provide a positive experience for all children in all aspects of school life as much as is within our power to do so.

We learn about:

- Making friendships
- Rules we need to keep us safe, happy and healthy
- Praying to help us be the best we can be
- Ways in which other people may be different to us, although not more or less valuable than us,
- How we can feel good about ourselves and the way our bodies change and



grow

- Drugs that are safe and others that are dangerous
- How we can stay safe when using the internet
- Taking care of other people when we can and when it is appropriate to do so
- How to become a good adult, contributing to our community in a positive way.

We learn through

- participating in discussion and sharing ideas
- personal and shared research
- occasional circle time (at teachers' discretion)
- working in groups
- role play
- reading stories
- inviting visitors to talk to us about their lives and experiences
- playing games together
- watching films
- using computer information and games
- facing different life experiences presented to us through each school day.